
GRADUATE STUDENT THERAPY GROUP

FALL 2023

****Pre-group Screening Required!****

Contact the Counseling Center to schedule a group screen today!



Description:

This is a process-oriented therapy group for graduate students who would like to receive/provide support, learn about self and others, share their experiences, and discuss possible ways to cope with struggles. The focus of the group will be determined by the members; possible topics may include academic distress, personal growth, relationships, and work-life balance.

TIME: TUESDAYS 9:30-11 AM

UCI Counseling
Center

949.824.6457