

TWINKIES' GOLDEN MOMENT

Twinkies - those iconic cream-filled golden sponge cake snacks invented in 1930 - triumphantly return to stores today after a nearly eight-month hiatus caused by the bankruptcy of Hostess Brands.



50 million
Twinkies being shipped nationwide

100,000
Number of stores receiving Twinkies

45
Days of shelf life for Twinkies in latest version, vs. 26 days in previous version

ORANGE COUNTY REGISTER

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Murder case drama persists

Tensions flare with acquittal in Zimmerman trial.

The not-guilty verdict that sounded so final in a Sanford, Fla., courtroom Saturday night quickly gave way to a kaleidoscope of debate and demonstrations across the nation, including in Los Angeles, San Francisco and Oakland.



Zimmerman was able to shed the GPS that had monitored his movements before his acquittal on a second-degree murder charge in the death of Trayvon Martin. But the drama persists, and it promises to go on and on.

NAACP leader Benjamin Jealous launched a drive for federal civil-rights charges, the Justice Department said it still had an open investigation, activists called for a wrongful-death lawsuit and pundits questioned the sanity of Florida's "stand your ground" law.

Attorney Mark O'Mara says he will seek immunity for Zimmerman if lawsuits "spawned by this fiasco" are filed. **News 4**

NEXT STEP?

The legal standard in a lawsuit is lower - a preponderance of the evidence, rather than proof beyond a reasonable doubt. George Zimmerman chose not to testify in his criminal trial, but he likely would have to testify and be deposed in a lawsuit, said Daniel Petrocelli, who led the legal team that won \$33.5 million in damages in a civil wrongful-death trial against O.J. Simpson.

The Salvation Army finished construction on a new **aquaponics farm** at its community center last month.



Two female breeding tilapia swim in a breeding tank in the basement of the Salvation Army building.



PHOTOS: HANNAH POTES, ORANGE COUNTY REGISTER

Michael Freeman, head pastor and director of Anaheim's Salvation Army, right, has teamed up with Renewable Farms owner Aaron Flora to create an aquaponics farm behind the community center.

UNUSUAL URBAN FARM PLANTED IN ANAHEIM

An unusual urban farm is taking root behind the Salvation Army's community center at 1515 W. North St. in Anaheim.

The organization finished construction in June on a small aquaponics farm with three fish tanks for raising tilapia and 1,000 square feet of growing space for vegetables.

Aquaponics is a system that combines growing vegetables with raising fish by recirculating water between the two systems.

It is the organization's first venture into aquaponics, said Salvation Army spokesman Robert Brennan.

But it may not be the last. Several other locations in

Southern California are expressing interest in building aquaponics systems - if the Anaheim project can produce as much fish and vegetables as anticipated, said pastor Michael Freeman, who runs the Anaheim center.

"The calculations on pounds per bed - it's ridiculous numbers," Freeman said. **News 12**

BY THE NUMBERS

- Planters for the Salvation Army's aquaponics farm: 15
- Fish tanks: 3
- Gallons of water in tanks: 10,000
- Estimated fish produced per year: 6,000 to 7,000
- Total space for growing vegetables: 1,000 square feet
- Estimated vegetable production: 450 plants a month

THE MORNING READ

UCI SCHOLAR LEADS DOUBLE LIFE

New student regent comes from a humble background.



SCOTT MARTINDALE
REGISTER WRITER

Cynthia Flores' eyes dart across a government legal notice on her computer screen that explains how the Affordable Care Act will cover contraceptive care.

Then the UC Irvine law student clicks open another notice that discusses federal health care eligibility guidelines in specific types of employment situations.

And then she pulls up another legal notice that discusses still more eligibility guidelines.

And then another, and another. She must skim them all.

"Memos are my friend," Flores said with a smile as she prepared to sum up her research in a five-page legal memo for her Glendale law



ROSE PALMISANO, ORANGE COUNTY REGISTER

Cynthia Flores, 26, credits her mother, Esperanza Monterrosa, with her success. "I'm very proud of being her daughter," she said.

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CORY MONTEITH, STAR OF 'GLEE,' DIES AT 31

THE NEW YORK TIMES



Monteith

Cory Monteith, who played an upbeat and outgoing young student and singing coach on the hit Fox musical comedy series "Glee" but battled substance-abuse problems in his personal life, was found dead in a hotel room in Vancouver, British Columbia. He was 31.

found dead in his 21st-floor room at the Fairmont Pacific Rim hotel at about noon Saturday after he missed his checkout time. They said there was no indication of foul play.

The coroner will try to establish the cause of death,

a police statement said. Monteith, a 6-foot-3 performer with a youthful countenance and a soft-spoken demeanor, gained worldwide attention when "Glee" made its debut on the Fox network in 2009.

He portrayed Finn Hudson, an Ohio high school student and football star who initially had no interest in joining his school's struggling glee club for fear it would cost him his popularity and social standing, but became a crucial member. "Glee" is one of Fox's biggest hits of recent years, especially with younger audiences, though its ratings have been dropping for the past two seasons.

According to some news reports, Monteith is survived by his parents and a brother.



ROSE PALMISANO, ORANGE COUNTY REGISTER

Esperanza Monterrosa, 57, said she initially couldn't believe her daughter could become a lawyer because of Cinthia Flores' humble upbringing.

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FLORES: Mother is role model

FROM PAGE 1

firm. When her full-time law clerkship draws to a close each day, Flores leaves her hallway desk at the expansive eighth-floor headquarters of Bush, Gottlieb, Singer, Lopez, Kohanski, Adelstein & Dickinson and drives seven miles to her mother's home - a one-bedroom, rent-controlled Los Angeles apartment with fraying blue-gray carpet, no air conditioning and furniture arranged like a puzzle.

Flores sleeps on her childhood bunk bed in the back half of her mother's living room. Until she went to college as a UCLA undergrad, it was the only life Flores had ever known.

"It's living in two different worlds," said Flores, sharply dressed in a sea green blouse, black slacks and slender heels as she fanned her face in the hot apartment.

"It reminds me of where I come from. It keeps me humble, level-headed."

Flores, 26, was formally installed this month as the UC student regent, an appointed position on the University of California system's governing board. She is a voting member of the 26-member board and will serve a one-year term. The role makes her the voice of

thanks her for outstanding service to the UCLA Alumni Association.

Perched precariously on top of the bear carving is a 2-foot-tall high school leadership trophy covered in graduation honor cords and a UCLA baseball cap.

Above that is Flores' red UCLA graduation cap, with the words "Brown is beautiful" hand-inked in marker.

"I don't think I ever questioned my abilities to succeed," Flores said. "If I was granted the opportunity, I knew I would be able to succeed. I applied myself as I did with any other challenge in my life."

Flores is the only member of her family to graduate college so far. Her older brother, Gilbert Monterrosa, 36, holds a GED certificate and works in retail. Her twin brother dropped out of Cal State Long Beach and became a welder.

Her younger sister, Iris, 18, is heading to Cal State Northridge in the fall.

"I'm incredibly motivated by my family," Flores said. "I think we're an A team. We all challenge each other in different areas."

Flores' mother emigrated from war-torn El Salvador in the 1980s, before Flores was born. Her father disappeared when Flores was 3.

Monterrosa said she realized her daughter was different when, as a teenager,

"I'm incredibly motivated by my family. ... We all challenge each other in different areas."

CINTHIA FLORES
 UC STUDENT REGENT

more than 222,000 students.

During the school year, Flores lives in an on-campus apartment at UC Irvine, where she'll be finishing her final year of law school.

When she's not in school, though, she stays in Los Angeles' Silver Lake neighborhood with her single mother, a seamstress and domestic worker who once took Flores to clean houses in Beverly Hills.

"I'm very aware my story is shocking to other people," said Flores, who speaks with determination and poise.

"But I don't want to be the exception; I want to be the rule."

The stark white walls of Esperanza Monterrosa's living room are punctuated by framed photos of her four children.

Flores and her twin brother, Marco, dominate one wall: Their graduation photos from Los Angeles' John Marshall High School, Marco's honor roll certificate from his first year at Cal State Long Beach and Cinthia's UCLA diploma.

Inside a glass display case by the front door is Cinthia Flores' personal hall of fame, filled to the brim with trophies and mementos of accomplishments that belie her meager roots.

There's a plaque with a carved wooden bear that

Her Ikea desk is still there, buried under boxes behind a bright pink curtain.

When she applied to college, Flores used a dial-up Internet connection to find out she'd been accepted to UCLA. That computer has long since crashed; a love seat has taken its place next to her bunk bed.

"I'm very proud to have come from this household," Flores said. "I know we will all move out one day, but I don't know if I look forward to that day."

Flores aspires to become a public-interest attorney and work on employment and labor issues - a field she says will keep her connected to her roots.

As soon as she arrived at UC Irvine, she plunged into student activism, joining the Public Interest Law Fund, the Latina/o Law Students Association and UC Irvine Law Review.

By the end of her first year of law school, Flores had been named the 2013-14 UC student regent.

For the past year, she's served as the student regent-designate, attending each of the Regents' semi-monthly meetings to learn the ropes of the position.

With her July 1 transition to student regent, she's now the chief liaison between the UC Board of Regents and student government officers across the UC system.

She facilitates policy discussions, solicits feedback and complaints from across the 10-campus system, and manages a four-member staff of UC Irvine students.

Among her goals: to encourage the regents - most of whom are appointed by the governor - to become a more visible presence on their local campuses.

"Having been a UC student leader, I understand what it's like to both stay true to the interest of students and be effective at a bureaucratic level," Flores said.

Back at Monterrosa's apartment, Flores explains that everything she's accomplished is a testament to her mother. Her mother taught her the value of hard work and humility, Flores said, and has always been her biggest cheerleader.

"The story of my success is much more my mom's story than mine. She's my No. 1 role model," Flores said, her eyes filling with tears.

"I can't help but cry. She understands there are parts of me in her; we are very similar. I'm very happy, very content with my life."

"Chiquita," Monterrosa murmured, using the Spanish word for little girl as she gazed at her daughter.

"Mi muy bonita." My very beautiful, she said.

"It all goes back to her. She is a very simple, humble woman," Flores said. "She's so great, man. She's so great."

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